

Content Warning

This exhibition contains images of war. If you or someone you know needs help, support is available. Contact details for support services are available:

Open Arms: Veterans and Families Counselling (24 Hours) 1800 011 046

Lifeline Australia 13 11 14

Beyond Blue 1300 22 4636

1800 RESPECT 1800 737 732

Provides 24-hour counselling services to help you cope with sexual assault or violence.

Suicide Call Back Service 1300 659 467

24 hour, 7 days a week telephone and online counselling for anyone affected by suicide, including people at risk, carers and those bereaved by suicide.

Kids Helpline 1800 55 1800

Provides private and confidential counselling for young people aged 5–25 years.

13YARN (13 92 76) is an Aboriginal & Torres Strait Islanders crisis support line, available 24/7, offering people in need a safe place to yarn.

MensLine Australia 1300 78 99 78

Telephone and online counselling service offering support for Australian men.

Head to Health:

Provides resources and links to a variety of websites and apps to support veteran mental health and wellbeing.

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